

**2010 VA All Stars Optional Program Championship  
Athlete Roster as of May 4th**

<b>Team</b>	<b>Session</b>	<b>Athlete</b>	<b>Age</b>	<b>Level</b>
Aerial East	3	Jordyn Lam	11	VAOP-I
Aerial East	3	Devin Ryan	13	VAOP-I
Aerial East	3	Lindsey Wead	12	VAOP-I
Aerial East	4	Cassi Pillay	12	VAOP-A
All American	1	Logan Christian	9	VAOP-N
All American	2	Kaily Ryan	10	VAOP-N
All American	3	Caitlin Donovan	12	VAOP-I
All American	3	Claire Douglas	12	VAOP-I
All American	3	Jordan Gilardi	11	VAOP-I
All American	3	Julia Grubbs	13	VAOP-I
All American	3	Miranda Hall	12	VAOP-I
All American	3	Lindsey Hancock	11	VAOP-I
All American	3	Addison Scarborough	11	VAOP-I
All American	3	Caitrin Soltes	11	VAOP-I
All American	3	Abigail Zicafoose	12	VAOP-I
All American	4	Paige Brazee	15	VAOP-A
All American	4	Margo Carroll	13	VAOP-A
All American	4	Lauren Earley	14	VAOP-A
All American	4	Hailey Hulser	12	VAOP-A
All American	4	Skylar Lambert	12	VAOP-A
All American	4	Leah Petrey	17	VAOP-I
All American	4	Lauren Stanford	12	VAOP-A
All American	4	Miranda Westbrook	12	VAOP-A
Apex	2	Deanna Craft	12	VAOP-N
Apex	2	Allison Payne	12	VAOP-N
Apex	2	Natalie Rothrock	10	VAOP-N
Apex	2	Abbey Taylor	12	VAOP-N
Apex	2	Ashleigh Wright	11	VAOP-N
Apex	3	Amber Lee Curran	11	VAOP-I
Apex	3	Colleen Haines	10	VAOP-I
Apex	3	Madalyn Helson	13	VAOP-I
Apex	3	Sarah Snare	11	VAOP-I
Apex	3	Helen Sternberg	11	VAOP-I
Apex	4	Chelsea Constantine	14	VAOP-A
Apex	4	Emily Entremont	14	VAOP-A
Apex	4	Karys Gettier	14	VAOP-I
Apex	4	Caroline Kerr	14	VAOP-A
Blue Ridge	3	Chloe Wolchko	11	VAOP-I
Blue Ridge	4	Rebecca Hall	14	VAOP-I
Blue Ridge	4	Bethany Searce	13	VAOP-A
Blue Ridge	4	Anna Scruggs	10	VAOP-A
Blue Ridge	4	Adrienne Stable	14	VAOP-A
Botetourt	3	Justice Hodge	12	VAOP-I
Botetourt	3	Gabriele Mittelstetter	11	VAOP-I
Botetourt	4	Alicia Ralston	14	VAOP-I
Cardinal	1	Sarah Carmen	8	VAOP-N
Cardinal	1	Hanna Do	7	VAOP-N
Cardinal	1	Leena Feda	6	VAOP-N
Cardinal	1	Kayla Freeman	9	VAOP-N
Cardinal	1	Quinn Gottlieb	7	VAOP-N

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Cardinal	1	Keli Hanley	7	VAOP-N
Cardinal	1	Katya Napolitano	7	VAOP-N
Cardinal	1	Rachael Shulman	9	VAOP-N
Cardinal	1	Lelia Stokes	8	VAOP-N
Cardinal	1	Renae Suberly	9	VAOP-N
Cardinal	2	Esther Vanderplas	10	VAOP-N
Classics	2	Michelle Beckett-Ansa	13	VAOP-N
Classics	2	Eliza Gaston	11	VAOP-N
Classics	2	Skyler Hardt	11	VAOP-N
Classics	2	Olivia Kerns	11	VAOP-N
Classics	2	Emma Kessler	12	VAOP-N
Classics	2	McKenzie Morse	10	VAOP-N
Classics	2	Naomi Risner	13	VAOP-N
Classics	2	Mattie Yancey	13	VAOP-N
Excalibur	1	Rachel Crespo	8	VAOP-N
Excalibur	1	Nicole Goff	9	VAOP-N
Excalibur	1	Kailyn Herron	8	VAOP-N
Excalibur	1	Meredith Lee	6	VAOP-N
Excalibur	1	Micah Swaby	7	VAOP-N
Excalibur	1	Allison Ulrich	7	VAOP-N
Fluvanna	4	Jessica Dodds	17	VAOP-A
Gymnastics Inc.	1	Ashby Ambrose	7	VAOP-N
Gymnastics Inc.	1	Kaylee Bisette	8	VAOP-N
Gymnastics Inc.	1	Baileigh Edmonds	9	VAOP-N
Gymnastics Inc.	1	Madisen Fell	9	VAOP-N
Gymnastics Inc.	1	Zahria Goldson	8	VAOP-N
Gymnastics Inc.	1	Sydney Goodenough	9	VAOP-N
Gymnastics Inc.	1	Isabella Hill	6	VAOP-N
Gymnastics Inc.	1	Summer Holder	7	VAOP-N
Gymnastics Inc.	1	Riley Hylton	8	VAOP-N
Gymnastics Inc.	1	Kiana Lewis	7	VAOP-N
Gymnastics Inc.	1	Mia Lockhart	7	VAOP-N
Gymnastics Inc.	1	Gabrielle Poffenbarger	9	VAOP-N
Gymnastics Inc.	1	Kiara Wallace	7	VAOP-N
Gymnastics Inc.	1	Jalyn Whitfield	7	VAOP-N
Gymnastics Inc.	2	Marissa Fowle	10	VAOP-N
Gymnastics Inc.	2	Angela Furst	12	VAOP-N
Gymnastics Inc.	2	Brittany Furst	12	VAOP-N
Gymnastics Inc.	2	Mackenzie Grimm	11	VAOP-N
Gymnastics Inc.	2	Hunter Guile	11	VAOP-N
Gymnastics Inc.	2	Sara Haskins	14	VAOP-N
Gymnastics Inc.	2	Alexandria Hoen	14	VAOP-N
Gymnastics Inc.	2	Erin Kleinschmidt	12	VAOP-N
Gymnastics Inc.	2	Lauren LaPointe	10	VAOP-N
Gymnastics Inc.	2	Melinda Nelson	10	VAOP-N
Gymnastics Inc.	2	Christine Person	10	VAOP-N
Gymnastics Inc.	3	Kandyce Blocker	9	VAOP-I
Gymnastics Inc.	3	Eva Davis	10	VAOP-I
Gymnastics Inc.	3	Landyn Kopczynski	8	VAOP-I
Gymnastics Inc.	4	Juliana Dajon	12	VAOP-A
Gymnastics Inc.	4	Alexis Forbes	11	VAOP-A

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Gymnastics Inc.	4	Rachel Formy Duval	13	VAOP-A
Gymnastics Inc.	4	Ashlee Goodenough	14	VAOP-I
Gymnastics Inc.	4	Victoria Hill	11	VAOP-A
Gymnastics Inc.	4	Kara Johnson	14	VAOP-A
Gymnastics Inc.	4	Madison Rose	12	VAOP-A
Gymnastics Inc.	4	Emily Weisenberger	16	VAOP-I
Gymnastics Inc.	4	Ashley Wright	13	VAOP-A
Gymstrada	2	Caitlyn Jones	12	VAOP-N
Gymstrada	4	Thea Fraser-Monagle	13	VAOP-A
Gymstrada	4	Phoebe Hulls	12	VAOP-A
Gymstrada	4	Sydney Ploeger	9	VAOP-A
Gymstrada	4	Rachel Seaman	15	VAOP-A
Hurricane	1	Bethany Gordon	7	VAOP-N
Hurricane	1	Macy Gordon	9	VAOP-N
Hurricane	1	Eve Williams	9	VAOP-N
Hurricane	2	McKenzie McCauley	10	VAOP-N
Hurricane	3	Elizabeth Cleveland	11	VAOP-I
Hurricane	3	Bridget Divers	12	VAOP-I
Hurricane	3	Karsen Johnson	10	VAOP-I
Hurricane	3	Taylor Patterson	10	VAOP-I
Loudoun	2	Jessica Digiovanna	12	VAOP-N
Loudoun	2	Kayla Flanagan	10	VAOP-N
Loudoun	2	Lindsay Gallagher	10	VAOP-N
Loudoun	2	Lauren Guttman	11	VAOP-N
Loudoun	2	Jordan Harris	10	VAOP-N
Loudoun	2	Camryn Thompson	11	VAOP-N
Loudoun	3	Emily Wang	12	VAOP-I
Lynchburg Academy	4	Hailey Dyke	13	VAOP-A
Lynchburg Academy	4	Lindsay Maddox	11	VAOP-A
Lynchburg Academy	4	Brooke Manion	11	VAOP-A
Lynchburg Academy	4	Winter Spencer	14	VAOP-A
Lynchburg Academy	4	Ariel Watts	15	VAOP-A
Novaks	1	Anna Gall	9	VAOP-N
Novaks	1	Ava Manne	7	VAOP-N
Novaks	1	Alexandra Teachey	9	VAOP-N
Novaks	1	Alysa Vinson	9	VAOP-N
Novaks	2	Colleen Kelley	12	VAOP-N
Novaks	2	Caitlin Morgan	10	VAOP-N
Novaks	2	Ariel Morrow	13	VAOP-N
Novaks	2	Meredith Salesses	10	VAOP-N
Novaks	2	Katie Yates	11	VAOP-N
Novaks	3	Georgia Applegate	12	VAOP-I
Novaks	4	Melanie Mastin	14	VAOP-I
NVGA	2	Kiersten Aurentz	10	VAOP-N
NVGA	2	Rebecca Chance	10	VAOP-N
NVGA	2	Rachel Gregson	14	VAOP-N
NVGA	2	Gabrielle Humphrey	11	VAOP-N
NVGA	2	Sarah Lawler	11	VAOP-N
NVGA	2	Gwyneth McCrae	11	VAOP-N
NVGA	2	Jacqueline Roeper	12	VAOP-N
NVGA	2	Brooke Walker	11	VAOP-N

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NVGA	3	Caroline Moody	11	VAOP-I
NVGA	3	Abigail Tostenson	12	VAOP-I
NVGA	4	Brittany Bishop	17	VAOP-A
Ocean Tumblers	2	Rebecca Sadovnikov	10	VAOP-N
Ocean Tumblers	3	Megan Hustead	12	VAOP-I
Ocean Tumblers	3	Christina Sadovnikov	12	VAOP-I
Ocean Tumblers	4	Nicole Clanton	14	VAOP-A
Ocean Tumblers	4	Allison Lepkowski	12	VAOP-A
Ocean Tumblers	4	Jordan Lopretto	10	VAOP-A
Paragon	1	Brianna Burton	8	VAOP-N
Paragon	1	Isabella Cranshaw	8	VAOP-N
Paragon	1	Laurie Ditton	9	VAOP-N
Paragon	1	Haley Hendrickson	7	VAOP-N
Paragon	1	Hannah Hessin	8	VAOP-N
Paragon	1	Riley Nownes	9	VAOP-N
Paragon	1	Jillian Strazinsky	8	VAOP-N
Paragon	2	Breshanna Gaines	11	VAOP-N
Paragon	2	Rebekah Gorman	10	VAOP-N
Paragon	2	Tiffany Juarez	10	VAOP-N
Paragon	3	Morgan Douglas	11	VAOP-I
Paragon	3	Hannah Dyer	10	VAOP-I
Paragon	3	Tenley Hares	11	VAOP-I
Paragon	3	Caoline McNichols	13	VAOP-I
Paragon	3	Krysti Muccia	10	VAOP-I
Paragon	3	Amber Petty	13	VAOP-I
Paragon	3	Megan Polanosky	11	VAOP-I
Paragon	4	Cesia Acevado	14	VAOP-A
Paragon	4	Rachel Brassfield	15	VAOP-A
Paragon	4	Talisa Brooks	14	VAOP-I
Paragon	4	Olivia Campbell	13	VAOP-A
Paragon	4	Hunter Ervin	13	VAOP-A
Paragon	4	Kylie Fears	12	VAOP-A
Paragon	4	Destiny Greene	16	VAOP-A
Paragon	4	Sammy Krejdovsky	16	VAOP-A
Paragon	4	Jessica Lupi	12	VAOP-A
Paragon	4	Emma Schramm	11	VAOP-A
Paragon	4	Madison Underhill	11	VAOP-A
Richmond Olympiad	2	Connie Xu	10	VAOP-N
Richmond Olympiad	3	Klara Grochulska	11	VAOP-I
Richmond Olympiad	3	Sydney Hodges	10	VAOP-I
Richmond Olympiad	3	Gabby Rockey	11	VAOP-I
Roanoke Academy	1	Haily Booth	7	VAOP-N
Roanoke Academy	1	Holly Brown	7	VAOP-N
Roanoke Academy	1	Courtney Bryant	6	VAOP-N
Roanoke Academy	1	Kristen Bryant	9	VAOP-N
Roanoke Academy	1	Madison Bushman	9	VAOP-N
Roanoke Academy	1	Cora Carmouche	8	VAOP-N
Roanoke Academy	1	Sydney Carmouche	8	VAOP-N
Roanoke Academy	1	Olivia Dickinson	7	VAOP-N
Roanoke Academy	1	Emma Duranceau	9	VAOP-N
Roanoke Academy	1	Elyse Farrell	8	VAOP-N

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Roanoke Academy	1	Kayla Fedison	7	VAOP-N
Roanoke Academy	1	Hailey Harper	7	VAOP-N
Roanoke Academy	1	Maggie Hodnett	9	VAOP-N
Roanoke Academy	1	Anna Lemon	7	VAOP-N
Roanoke Academy	1	Kaylee Meador	7	VAOP-N
Roanoke Academy	1	Kassidy Miller	9	VAOP-N
Roanoke Academy	1	Faith Polk	7	VAOP-N
Roanoke Academy	1	Taylor Robertson	8	VAOP-N
Roanoke Academy	1	Keely Williams	8	VAOP-N
Roanoke Academy	1	Nyave Willis-Rodriguez	8	VAOP-N
Roanoke Academy	2	Allee Cox	15	VAOP-N
Roanoke Academy	2	Brianna Croye	10	VAOP-N
Roanoke Academy	2	Madeline Eckermann	11	VAOP-N
Roanoke Academy	2	Amber Gregory	12	VAOP-N
Roanoke Academy	2	Paige Harman	11	VAOP-N
Roanoke Academy	2	Kendyl Harvey	13	VAOP-N
Roanoke Academy	2	Michaela Maddox	11	VAOP-N
Roanoke Academy	2	Stephanie Meriwether	10	VAOP-N
Roanoke Academy	2	Lisa Podruchney	14	VAOP-N
Royals	3	Carolyn Biondi	11	VAOP-I
Royals	3	Alysia Gray	13	VAOP-I
Royals	3	Alyssa Hayman	13	VAOP-I
Royals	3	Katie Jordan	12	VAOP-I
Royals	3	Cassandra Middlestead	9	VAOP-I
Royals	3	Caroline Posillico	11	VAOP-I
Royals	4	Lindsay Carr	17	VAOP-A
Royals	4	Naomi Cassell	14	VAOP-A
Royals	4	Maggie Cherry	14	VAOP-I
Royals	4	Haley Cooper	14	VAOP-A
Royals	4	Lacey Kondos	16	VAOP-A
Royals	4	Meredith Laray	12	VAOP-A
Royals	4	Hannah Middlestead	13	VAOP-A
Southside	1	Emily Cox	8	VAOP-N
Southside	1	Haley Moses	7	VAOP-N
Southside	1	Aubrey Rowe	8	VAOP-N
Southside	3	Krista Belisle	11	VAOP-I
Southside	3	Caitlin Leary	12	VAOP-I
Southside	3	Addison Mollnow	11	VAOP-I
Southside	3	Kaitlyn Vargas	12	VAOP-I
Southside	4	Amy Martin	18	VAOP-I
Southside	4	Alexandra Rivera	14	VAOP-I
Southside	4	Emily Zammett	18	VAOP-I
VA Techniques	1	Anchal Bishop	9	VAOP-N
VA Techniques	1	Lauren Etzel	9	VAOP-N
VA Techniques	1	Carly Hopkins	8	VAOP-N
VA Techniques	1	Anabelle Kirkendall	9	VAOP-N
VA Techniques	1	Mira Smith	9	VAOP-N
VA Techniques	1	Julie Walsh	9	VAOP-N
VA Techniques	2	Kitty Schneider	10	VAOP-N
VA Techniques	3	Peyton Mills	12	VAOP-I
VA Techniques	3	Irena Shaffer	13	VAOP-I

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VA Techniques	4	Grace Hinson	11	VAOP-A
VA Techniques	4	Shaye Lester	12	VAOP-A
VA Techniques	4	Ebony Norris	13	VAOP-A
VIGS	1	Ellie Birnbaum	9	VAOP-N
VIGS	1	Anya Pressendo	9	VAOP-N
VIGS	1	Brooke Sheridan	9	VAOP-N
VIGS	1	Kealani Unkel	9	VAOP-N
VIGS	2	Hannah Cooksey	11	VAOP-N
VIGS	2	Katherine Keesee	10	VAOP-N
VIGS	2	Avery Munden	10	VAOP-N
VIGS	3	Alice Babashak	12	VAOP-I
VIGS	3	Naomi Chetelat	10	VAOP-I
VIGS	3	Katie Daniluk	10	VAOP-I
VIGS	3	Savannah Isenberg	12	VAOP-I
VIGS	3	Victoria Isenberg	10	VAOP-I
VIGS	3	Alicia Rohrer	11	VAOP-I
VIGS	3	Amanda Tarkington	12	VAOP-I
VIGS	3	Briannah Wiglesworth	11	VAOP-I
VIGS	3	Kaylah Wiglesworth	9	VAOP-I
VIGS	4	Erin Chauncey	12	VAOP-A
Windsor	1	Reese Byrd	7	VAOP-N
Windsor	1	Megan Carlesi	6	VAOP-N
Windsor	1	Molly Johnson	7	VAOP-N
Windsor	1	Camryn King	8	VAOP-N
Windsor	1	Claire Polak	8	VAOP-N
Windsor	1	Sydney Turner	7	VAOP-N
Windsor	2	Hannah Downey	11	VAOP-N
Windsor	3	Jacquelin Dwyer	13	VAOP-I
Windsor	3	Stefanie Lahmann	13	VAOP-I
Windsor	4	Faith Bradshaw	17	VAOP-A
Windsor	4	Chalsy Douglas	17	VAOP-I
Windsor	4	Marissa Foster	17	VAOP-I
WISC	1	Emma Cody	9	VAOP-N
WISC	1	Meredith Estlack	8	VAOP-N
WISC	1	Sydney Lord	8	VAOP-N
WISC	1	Grace Walls	8	VAOP-N
WISC	2	Alexis Brenderabrandis	11	VAOP-N
WISC	2	Audrey Luedde	10	VAOP-N
WISC	3	Emma Freiling	11	VAOP-I
WISC	3	Amanda Jennings	11	VAOP-I
WISC	3	Tori Luedde	11	VAOP-I
WISC	3	Madison McCann	11	VAOP-I
WISC	3	Jacqueline Morris	10	VAOP-I
WISC	3	Whitney Russell	13	VAOP-I
WISC	3	Jennie Verive	13	VAOP-I
Woods	3	Maya Attiah	13	VAOP-I
Woods	4	Kalyn Breisch	14	VAOP-I
Woods	4	Kelcie Hall	15	VAOP-I
YMCA Angels	4	Monica Bell	15	VAOP-I