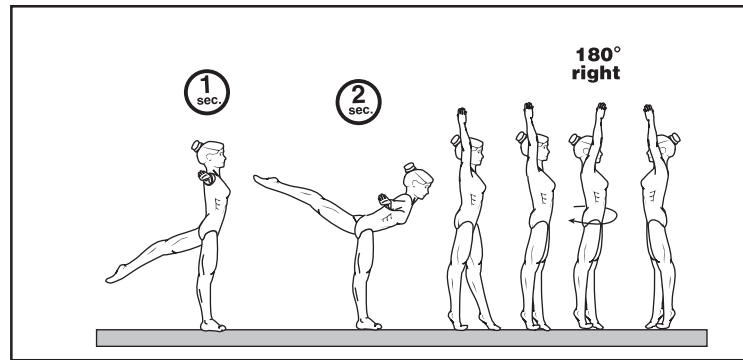


**16. ARABESQUE (>45°); SCALE (ABOVE HORIZONTAL) (0.40) 17. ½ (180°) PIVOT**



Lower the Right heel to the beam. Keeping the torso erect, lift the turned out straight Left leg backward-upward greater than 45° off the beam. The Left hip is allowed to “unsquare” slightly to show turn out in the arabesque. **Hold for one second.**

ARMS: Lower to side-middle.

Continue lifting the turned out Left leg backward-upward as the upper body tilts slightly forward to finish in a SCALE with the Left (rear) leg held above horizontal. The Left hip is allowed to “unsquare” slightly to show turn out in the scale. **Hold two seconds.**

ARMS: Side-middle, slightly backward.

Raise the torso and step forward Left and close the Right foot behind the Left foot in relevé “lock” position.

ARMS: Lift both sideward-upward to crown.

Execute a quick ½ (180°) PIVOT TURN to the Right in a relevé “lock” position. Maintain straight body alignment and high relevé throughout.

ARMS: Remain in crown.

Failure to lift free leg above 45° in arabesque	Up to 0.20
Failure to hold arabesque one second	Up to 0.10
Failure to lift free leg above horizontal in scale	Up to 0.20
Failure to hold scale two seconds	Up to 0.20

**Points of emphasis: Erect torso in arabesque maintained while tipping into and out of scale**

**18. BOW**

Demi-plié the Left leg and point the Right foot forward on top of the beam. Pressing the knees together, lean forward slightly with a flat back and slightly twist the torso to the Right to execute a BOW.

ARMS: Open the arms to side middle, then lift the Right arm to backward-diagonally-upward. Circle the Left arm performing an inward forearm circle toward the center of the chest to finish diagonally forward-downward.

Immediately extend the torso upright and step forward onto a straight Right (not in relevé); then step forward onto a straight Left leg in relevé.

ARMS: Immediately lift the Left arm forward-upward to high position and circle the Right arm backward-downward-forward-upward to high position. (Windmill arms)

