



# Level 5 - Tumble in the Jungle

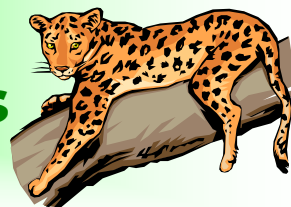
**VIRGINIA STATE GYMNASTICS CHAMPIONSHIPS**

**MAY 9TH & 10TH 2009**

**THE GRANT CENTER @**

**AVERETT UNIVERSITY, NORTH CAMPUS**

**HOSTED BY BLUE RIDGE GYMNASTICS**



## **Saturday, May 9th 2009 - Level 5 State Meet Sessions**

**Session 1: Ages 7yrs, 8yrs, 13yrs and 14yrs & up - Total 70 gymnasts**

9:00am - Open Stretch  
9:20am - March In  
9:30am - Warm Up/Compete  
12:00pm - Awards

**Session 2: Ages 11yrs and 11-1/2 years - Total 70 gymnasts**

12:15pm - Open Stretch  
12:35pm - March In  
12:45pm - Warm Up/Compete  
3:15pm - Awards

**Session 3: Ages 12yrs and 12-1/2 years - Total 57 gymnasts**

3:30pm - Open Stretch  
3:50pm - March In  
4:00pm - Warm Up/Compete  
6:00pm - Awards

## **Sunday, May 10th 2009 - Level 5 State Meet Sessions**

**Session 4: Ages - 10yrs, 10-1/3yrs and 10-2/3yrs - Total 92 gymnasts**

9:00am - Open Stretch  
9:20am - March In  
9:30am - Warm Up/Compete  
12:45pm - Awards

**Session 5: Ages - 9yrs, 9-1/3yrs and 9-2/3yrs - Total 83 gymnasts**

1:00pm - Open Stretch  
1:20pm - March In  
1:30pm - Warm Up/Compete  
4:30pm - Awards

\*Level 5 Team Awards will follow Individual Awards in the final session of L5's on Sunday.

**go to [www.vausag.com](http://www.vausag.com) for updates & results**



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